



BANGKOK ➔ CHIANG MAI

Transport: Overnight Train, Taxi, Mini Bus, Tuk Tuk, Ferry & Plane

Meals: 7B, 8L, 4D

Group size: 4 - 22

Age Range: 18 - 39

HIGHLIGHTS

- Cruise Bangkok's canals and experience local life
- Spend the night in a floating bungalow in the heart of Khao Sok National Park
- Dance till dawn at the famous full moon party beach on Koh Phangan
- Float around the idyllic Phi Phi islands on an exclusive boat trip
- Visit remote hill tribes and make friends with elephants in Chiang Mai



INCLUSIONS

- ✓ Airport Pickup To Our Accom 24/7 17
- ✓ Nights Accommodation 19 Meals All
- ✓ Transport & Internal Flight Awesome
- ✓ Group Leader Bangkok River Cruise
- ✓ Visit Ancient Temples Thai Cooking
- ✓ Class Khao Sok National Park Floating
- ✓ Bungalows Kayaking & Tubing Island
- ✓ Trip Beach BBQ Muay Thai or Yoga
- ✓ Experience Thai Massage Paradise
- ✓ Islands Boat Trip & Snorkelling Phi Phi
- ✓ Islands Experience Phi Phi Viewpoint
- ✓ Sticky Waterfalls Overnight Hill Tribe
- ✓ Trek Bamboo River Rafting Elephant
- ✓ Sanctuary Help with Onward Travel

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NOT INCLUDED:

International flights, travel insurance, visas &
some meals



ITINERARY & IMPORTANT INFO

DAY 1 - ARRIVE IN BANGKOK

• **BANGKOK** Landing in Bangkok, we'll meet you at the airport and take you to your accommodation in the heart of the travellers district, Khao San Road. Meet up with your travel crew and get excited for the adventures to come.

DAY 2 - TEMPLES & TUK TUKS

• **BANGKOK** We'll be experiencing Bangkok from a different angle this morning as we explore the city's legendary canals, taking in the local ways of life. We'll then stop by some of the city's most sacred and famous temples, travelling by tuk tuk through the wild and crazy streets.

DAY 3 - THAI COOKING CLASS

• **BANGKOK** If you love Thai food, you'll be seriously into what comes next. This morning we'll be learning the secrets of Thai cooking class, before boarding our overnight train (with fully reclining beds) which will carry us south.

DAY 4 - FLOATING BUNGALOWS

• **KHAO SOK** Prepare to feel like you're having a pinch me moment as we make our way to our next stop. Winding through limestone cliffs on a traditional long tail boat, we'll reach our floating bungalow home for the night in the dreamy Khao Sok National Park. You'll then spend the rest of the day kayaking, tubing and monkey spotting.

DAY 5 - WELCOME TO PARADISE

• **KOH PHANGAN** Let the beauty of the Thai Islands work their magic on you as we arrive into Koh Phangan, the island most famous for hosting the legendary full moon parties. Upon arrival we'll check into our exclusive beach side bungalows that come complete with infinity pool, gym and yoga space.

DAY 6 - TRADITIONAL MASSAGE

• **KOH PHANGAN** With a full day to yourself, today you can do as much or as little as you like. Chill on the beach or by the pool, explore the island, or play in the sea. We'll also treat you to a traditional Thai massage.

DAY 7 - EXPLORE KOH PHANGAN

• **KOH PHANGAN** Today's all about exploring the very best of Koh Phangan, including some of the island's best secret spots and lesser known beaches. You'll spend the day sun bathing and then this evening we'll tuck into a tasty beach BBQ.

DAY 8 - MUAY THAI OR YOGA

• **KOH PHANGAN** All that beach time got you feeling a little lazy? We've got just the thing to get you moving - a Muay Thai boxing class, where you'll learn how to punch and kick like a pro. In the mood for something a little more relaxed? You could instead opt for a private yoga class. Tonight's our last on Koh Phangan, so we'll be heading out as a group for dinner and drinks.

DAY 9 - 'SAWASDEE' PHI PHI

• **PHI PHI** Swapping one island paradise for another, today we'll wave goodbye to Koh Phangan and say 'sawasdee' to Phi Phi. Arriving in the evening, we'll check in to our beautiful resort then head out for dinner, drinks and a beach party.

DAY 10 - FULL DAY BOAT TRIP

• **PHI PHI** Don't forget your snorkel and sunscreen today as we'll be heading off on a boat trip around the impossibly beautiful Phi Phi Leh. Snorkelling, kayaking and even an after dark underwater light show are all on the cards, and we'll top the day off with dinner and drinks under the stars.

*There is a possibility we may not be able to enter right into Maya Bay at certain times of year due to government closures.

DAY 11 - ISLANDS & VIEWPOINTS

• **PHI PHI** Waking up to another action packed day, we'll kick things off with a hike to one of Phi Phi's best viewpoints, followed by a private boat trip to some of the most beautiful islands surrounding ours. At dinner tonight you'll feel salty and satisfied from a day of sun, sea and fun.

DAY 12 - TRAVEL TO PHUKET

• **PHUKET** After a busy couple of days, we will travel to Phuket and enjoy some sunset drinks.

DAY 13 - TRAVEL TO CHIANG MAI

• **CHIANG MAI** This morning we'll fly to the culturally diverse capital of northern Thailand - Chiang Mai. Checking in to our accommodation, we'll have time to explore the city, chill by the pool or do some shopping. Tonight we'll check out the night markets and a cabaret show.

DAY 14 - TEMPLES & WATERFALLS

• **CHIANG MAI** Today we'll checkout the iconic Doi Suthep Temple, following it up with an epic Thai style lunch. To end our day of exploring we'll head off to see the fascinating 'sticky' waterfalls.

DAY 15 - HILL TRIBE STAY

• **CHIANG MAI** Trek through and stay overnight in the amazing jungle of Chiang Mai. Wander through beautiful rice paddy fields and past tranquil rivers before visiting a local hill tribe.

DAY 16 - BAMBOO RIVER RAFTING

• **CHIANG MAI** Waking up to the sounds of the jungle, we'll continue our trek this before bamboo rafting down the river! This evening either chill out or experience more of Chiang Mai's nightlife.

DAY 17 - ELEPHANT EXPERIENCE

• **CHIANG MAI** Saving one of the best experiences till last, today we'll be getting up close and personal with Thailand's elephants. Visiting a sanctuary focused on protecting elephants rescued from hard lives, we'll learn about their history and important connection to rural communities, and see them interact in their natural environment.

DAY 18 - DEPART CHIANG MAI OR EXTEND YOUR STAY

• **CHIANG MAI** Your unforgettable 18 day adventure comes to an end today. Those flying home will make their way to the airport, or keep living the dream and extend your stay in Thailand or South East Asia with our help and the new friends you've made.

ARRIVAL INFORMATION

It's best to arrive on the actual start date, as that's when most people get in. While there are no activities on the first day, the group usually meets up for dinner around 7pm. If you do arrive early, we'll still pick you up from the airport if you're staying at our accommodation. You can book and pay for extra nights accommodation in the [Manage My Booking](#) area.

It's also recommended to have onward travel booked out of Thailand before travelling there, as you may get asked for proof of this before boarding your flight to Thailand.

AFTER THAI INTRO

Thai Intro 18 day finishes in Chiang Mai in the north of Thailand. If you're staying on longer in Thailand, your group leader will help organise any of your onward travel.

If you need to get back to Bangkok, the quickest option is to fly. Otherwise a cheaper option is either a train or bus.

Your group leader will help with any other local transport and ensure you're comfortable with all parts of your onward travel.

VISAS

Most nationalities including the UK, Europe, Australia, NZ, Canada, USD, Scandinavia and Brazil will usually receive a 30-day visa exemption on arrival for free. If you would like a longer tourist visa or are not eligible for the visa exemption you can apply for a visa at your nearest Thai consulate prior to entering Thailand.

TRAVEL INSURANCE

Travel insurance for Thailand is compulsory to join Thai Intro. Your group leader will ask to see proof of your cover before your trip begins. You can organise travel insurance [here](#).



ACCOMMODATION GUIDE

BANGKOK - VILLA CHA-CHA KHAOSAN RAMBUTTRI

2 NIGHTS

In the heart of the traveller district of
Khao San Rd.

Twin/Double/Triple Rooms

Ensuite

WiFi & Air Con

Bar & Restaurant



BANGKOK

OVERNIGHT TRAIN

1 NIGHT

A comfy bed and great journey.

Multishare Cabin with Air Con

Toilet Onboard

Fresh Linen & Pillow



OVERNIGHT TRAIN

KHAO SOK - FLOATING BUNGALOWS

1 NIGHT

An amazing experience in the middle of the
rainforest.

Twin/Double/Triple/Quad Rooms

Shared Bathroom

Fans in Rooms

Kayaking & Tubing



KHAO SOK

KOH PHANGAN - SARANA BUNGALOWS

4 NIGHTS

Our own place right on the beach!

Twin/Triple/Quad Rooms

Ensuite

WiFi, Air Con & Laundry

Infinity Pool, Bar, Restaurant & Yoga Hall



KOH PHANGAN

PHI PHI - ANDAMAN LEGACY RESORT

3 NIGHTS

A great spot on a beautiful island.

Twin/Double/Triple Rooms

Ensuite

WiFi

Laundry

Swimming Pool & Bar



PHI PHI

PHUKET - SAWADDI PATONG RESORT & SPA

1 NIGHT

A great spot on a beautiful island.

Twin/Double/Triple Rooms

Ensuite

WiFi

Laundry

Swimming Pools & Pool Bar



PHUKET

CHIANG MAI - EURANA BOUTIQUE HOTEL

4 NIGHTS

A comfy hotel in the heart of the city.

Twin/Double/Triple Rooms

Ensuite

WiFi

Laundry

Rooftop Swimming Pool



CHIANG MAI

OVERNIGHT HILL TRIBE - HUT

1 NIGHT

A basic but unique experience in the jungle.

Multishare Rooms

Shared Bathrooms



OVERNIGHT HILL TRIBE

IMPORTANT NOTE



The accommodation featured in this document is our usual properties. At certain locations we use alternative accommodation (of equal standard) when needed.

#SMALLCHANGE

SUSTAINABLE TRAVEL



PROTECTING THE ENVIRONMENT



SUPPORTING LOCAL COMMUNITIES



CULTURAL EXCHANGE & EDUCATION



ANIMAL WELFARE

Making a positive difference to the amazing destinations we travel is at the core of what we do, and we are proud to say that every INTRO tour is 100% carbon neutral.

Small Change is our socially conscious initiative aimed at travelling responsibly and changing the world for the better!

[Find out more.](#)

FAQS



DO MANY PEOPLE TRAVEL ALONE?

Yes. Lots of people on our trips are travelling solo. But by doing our trip you'll instantly be part of a group, so it's a great way to meet others and make friends! Most of our accommodation is twin share, so we will put you in a room with someone of the same gender.



HOW WILL I ACCESS MY MONEY WHILE I'M AWAY?

We recommend getting a travel currency card through [Wise](#). You can use the Wise card almost everywhere and withdraw cash and use it with Google or Apple Pay. If you transfer your money into the local currency, you can avoid paying foreign exchange fees when you use the card. There are ATM's available throughout the Thailand so it's easy to get access to cash.



CAN I CHAT TO MY GROUP BEFORE I LEAVE?

You can start chatting to people in your group and other travellers before you leave. Just go to our Facebook page, click on 'Groups' and choose [Thailand](#).



IS THERE WI-FI THROUGHOUT THE TRIP?

All accommodations we stay at have free Wi-Fi available. Thailand's network quality is often lower than you're used to but you can generally connect and do basic stuff.



CAN I CHANGE MY START DATE?

Enjoy ultimate peace of mind and flexibility with INTRO. Should your travel plans change or be disrupted you can change your start date or tour for free up to 30 days before your start date.



TERMS & CONDITIONS

For the full set of terms & conditions for our tours including your responsibilities as a traveller with us, please see the [Terms & Conditions](#) section of our website.



WHEN IS THE BEST TIME TO VISIT THAILAND?

The great thing about Thailand is it's usually quite hot all year round, so it's great to go at any time. There is a slightly higher chance of rain around October and November, however it usually only rains for an hour or so which can be a nice relief from the heat.

That's about it for now!

Once you've booked you'll get access to Manage My Booking and the INTRO Travel App, which will give you all the information you'll need on Thailand and Thai Intro, so you can just relax and enjoy the experience.

Of course if you have any more questions just contact us. We're happy to help!

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introtravel.com