



Famous for natural beauty, vibrant culture, and incredible food, our Thailand + Vietnam Experience will have you exploring the very best of Thailand and Vietnam in style over 27 incredible days. From Bangkok to Ho Chi Minh City you'll experience the craziness of cities and temples, discover lush jungles, party under the stars, tour the tropical Phi Phi islands, meet rescued elephants at a sanctuary, sail around magical Ha Long Bay, cycle through rural villages, be charmed by Hoi An, learn about the Vietnam War, indulge at rooftop bars, and that's just the tip of the iceberg. Oh, and did we mention that we're including loads of activities, premium accommodation, an awesome group leader from the moment you land, and an instant crew of new mates? The trip of a lifetime just got even better!

BANGKOK ➔ HO CHI MINH CITY

Transport:	Minivan, Taxi, Bus, Ferry, Tuk Tuk, Boat, Overnight Train, Internal Flights
Meals:	24B, 14L, 8D
Group size:	4 - 16
Age Range:	18 - 40's

HIGHLIGHTS

- Enjoy our hand-selected premium accommodation including four-star hotels & upgraded local home stays
- Cruise Bangkok's canals & experience local life
- Spend the night in floating bungalows & magical treehouses in the heart of Khao Sok National Park
- Float around the idyllic Phi Phi islands on an exclusive boat trip
- Learn how to care for elephants at an incredible sanctuary
- Dive into the culture, food & fast paced lifestyle of buzzing Hanoi
- Trek through the stunning landscapes of Sapa
- Sail, kayak & swim the emerald waters of Ha Long Bay
- Experience local village life in the jungles of the Mekong Delta

INCLUSIONS

- ✓ Airport Pickup To Our Accommodation 24/7
- ✓ 26 Nights Premium Accommodation
- ✓ 46 Meals
- ✓ All Transport & 2 Internal Flights
- ✓ Awesome Group Leader
- ✓ Bangkok River Cruise Visit
- ✓ Ancient Temples Cooking Classes
- ✓ Experience Local Life Party in Bangkok
- ✓ Khao Sok National Park Floating Bungalows
- ✓ Jungle Treehouse Experience
- ✓ Kayaking & Tubing Island Tour
- ✓ Beach BBQ
- ✓ Muay Thai or Yoga Experience
- ✓ Thai Massage
- ✓ Snorkelling Phi Phi Islands Boat Trip
- ✓ Phi Phi Viewpoint
- ✓ Elephant
- ✓ Experience Walking & Rickshaw Tour of Hanoi
- ✓ Night Out in Hanoi
- ✓ Sapa Mountain-Side Accommodation
- ✓ Sapa Trekking
- ✓ Overnight Boat Trip on Ha Long Bay
- ✓ Kayaking Local Homestay Experience
- ✓ Bicycle Tour of Ninh Binh
- ✓ River Boat Trip
- ✓ Dragon Mountain Viewpoint
- ✓ Cooking Class
- ✓ Traditional Crab Fishing
- ✓ Basket Boat
- ✓ Tour Lantern Making Class
- ✓ Overnight Mekong Delta Experience
- ✓ Cu Chi Tunnels
- ✓ Tour Help with Onward Travel



NOT INCLUDED:

Arrival and departure flights, travel Insurance, visas & some meals.

ITINERARY & IMPORTANT INFO

DAY 1 - ARRIVE IN BANGKOK

• **BANGKOK** Landing in Bangkok, we'll meet you at the airport and take you to our hotel. Meet up with your travel crew and get excited for your trip.

DAY 2 - TEMPLES & TUK TUKS

• **BANGKOK** We'll explore the city's legendary canals by long-tail boat before stopping by some of the city's most sacred and famous temples, travelling by tuk tuk through the wild and crazy streets.

DAY 3 - THAI COOKING CLASS

• **BANGKOK** This morning we'll be learning the secrets of Thai cooking with a hands on class, before boarding our overnight train (with fully reclining beds) south.

DAY 4 - FLOATING BUNGALOWS

• **KHAO SOK** Winding through limestone cliffs on a traditional long boat, we'll reach our floating bungalow home for the night in dreamy Khao Sok National Park. You'll then spend the rest of the day kayaking, tubing and monkey spotting.

DAY 5 - JUNGLE TREEHOUSES

• **KHAO SOK** Today we'll experience local life as we visit a sustainable family farm. We'll then grab our swimmers and jump into a beautiful turquoise river, where we'll kayak or tube towards our tree house home for the night.

DAY 6 - HELLO PARADISE

• **KOH PHANGAN** We'll travel to Koh Phangan, the island most famous for hosting the legendary full moon parties. We'll check in to our beach side bungalows that come complete with infinity pool, gym and yoga space. Later we'll head out for a beach party!

DAY 7 - EXPLORE KOH PHANGAN

• **KOH PHANGAN** Today's all about exploring the very best of Koh Phangan, including some of the island's best secret spots and lesser known beaches. You'll spend the day sun bathing a then this evening we'll tuck into a tasty beach BBQ.

DAY 8 - MUAY THAI OR YOGA

• **KOH PHANGAN** This morning you have the choice of participating in a Muay Thai boxing class or a private yoga class followed by a traditional Thai massage! Tonight we'll be heading out as a group for a night out.

DAY 9 - TRAVEL TO PHI PHI

• **PHI PHI** Today we'll wave goodbye to Koh Phangan and say 'sawasdee' to Phi Phi. Arriving late afternoon, we'll check in to our beautiful resort then head out for dinner, drinks and a beach party.

DAY 10 - SPEEDBOAT TRIP

• **PHI PHI** We'll be heading off via private speedboat around the impossibly beautiful Phi Phi Leh. Visiting hidden lagoons, sunbathing on glorious sandy white beaches and snorkelling in clear waters, today will probably feel a little like paradise.

DAY 11 - MORNING HIKE & TRAVEL TO PHUKET

• **PHUKET** We'll kick things off with a hike to one of Phi Phi's best viewpoints, then chill out on some of the island's best beaches. Hopping on board a ferry, we'll then travel to Phuket and check in to our 4 star hotel.

DAY 12 - ELEPHANT EXPERIENCE

• **PHUKET** Today we'll be spending the day with Thailand's most sacred animal - elephants. We'll visit the gentle giants at a sanctuary and learn about how they are fed and cared for. Tonight we'll head out for dinner and drinks!

DAY 13 - ARRIVE IN VIETNAM

• **HANOI** Landing in Hanoi after an included flight we'll take you to our hotel and spend the afternoon chilling.

DAY 14 - RICKSHAW EXPLORING

• **HANOI** We'll jump straight into the hustle of Hanoi today with a walking and rickshaw tour of the city. This evening we'll head out for dinner and drinks!

DAY 15 - SAPA TREKKING

• **SAPA VILLAGE** This morning we'll take a VIP limousine bus north. We'll meet locals before heading up the Muong Hoa Valley on a short trek. We'll stay overnight with a local family and to wrap up the day we'll learn more about local life over a traditional dinner and some rice wine.

DAY 16 - VILLAGES & MOUNTAINS

• **SAPA** Today is all about enjoying the picture perfect landscapes as we trek through green terraced hills. This afternoon a quick drive takes us back to Sapa, where we will check in to our mountain-side hotel.

DAY 17 - EXPLORE SAPA TOWN

• **SAPA** This morning, have the option of taking the cable car up Fan Si Pan peak. With a summit over 3100m boasts extravagant views! This afternoon we'll jump back in the VIP limousine bus back to Hanoi.

DAY 18 - HA LONG BAY

• **HA LONG BAY** We'll travel to Ha Long Bay to board the luxurious boat that'll be our home for the night. We'll kayak, swim, and laze on the sundeck. This evening, enjoy a sunset from the deck with dinner and drinks.

DAY 19 - TRAVEL TO NINH BINH

• **NINH BINH** Today the rice paddies and vast mountains of Ninh Binh await. This evening we'll make the most of our serene surroundings as we cosy up in traditional bungalows by the river at a local homestay.

DAY 20 - BIKES, BOATS & A HIKE

• **NINH BINH** We'll hop on two wheels through rice paddies before taking a local rowboat through rivers and caves. A hike up to Dragon Mountain viewpoint will reward us with epic views and then we'll board our comfortable overnight train bound for Hoi An.

DAY 21 - EXPLORE HOI AN

• **HOI AN** Go shopping, stroll the alleys, or even visit a local tailor! This evening we'll enjoy some delicious food and the lights of Hoi An from a lantern boat.

DAY 22 - BASKET BOAT FISHING

• **HOI AN** Local fishermen will be our guides today as we learn the art of crab fishing. We'll then take part in a hands-on cooking class followed by a chill afternoon!

DAY 23 - LANTERNS & BEACHES

• **HOI AN** Today you'll try your hand at making a Vietnamese a lantern! Then we'll enjoy a chilled beach day with some lunch at a cool beach club.

DAY 24 - HO CHI MINH CITY

• **HO CHI MINH CITY** Today we'll catch a flight to Ho Chi Minh City. We'll head straight out onto the streets for some dinner, then up to a rooftop bar for drinks.

DAY 25 - LOCAL LIFE

• **MEKONG DELTA** Today we head to the lush Mekong Delta for a special overnight experience. We'll get to explore a more authentic Vietnam, before checking into our riverside accommodation for the night.

DAY 26 - CU CHI TUNNELS

• **HO CHI MINH CITY** At the Cu Chi tunnels, we'll learn how this underground network played a crucial role in the Vietnam War. Arriving back into Ho Chi Minh City, we'll head out for our farewell dinner and party!

DAY 27 - CHECK OUT

• **HO CHI MINH CITY** Your unforgettable 27 day adventure comes to an end. Those flying home will make their way to the airport, or extend your stay in Vietnam with help from your group leader.

ARRIVAL INFORMATION

It's best to arrive on the actual start date, as that's when most people get in. While there are no activities on the first day, the group usually meets up for dinner around 7pm. If you do arrive early, we'll still pick you up from the airport if you're staying at our accommodation. You can book and pay for extra nights accommodation in the [Manage My Booking](#) area.

It's also recommended to have onward travel booked out of Vietnam before travelling there, as you may get asked for proof of this before boarding your flight to Vietnam.

AFTER THAILAND + VIETNAM EXPERIENCE

Thailand + Vietnam Experience finishes in Ho Chi Minh. You can choose to stay on longer in Vietnam or continue your travels around Asia. Your group leader can help with any other onward travel options.

If you need to get back to Ho Chi Minh City Airport then it's a simple taxi ride that will take around 30 minutes and cost around £10/\$20. We can organise this for you in Vietnam.

If you need to get back to Hanoi then the easiest way is to get yourself a cheap internal flight, we can help you with this. Just let your group leader know when you arrive.

VISAS

It's important to check your visa requirements before arriving in South East Asia.

Please refer to our [FAQ](#) page for all up to date visa information for Thailand and Vietnam.

TRAVEL INSURANCE

Travel insurance for South East Asia is compulsory to join Thailand + Vietnam Experience. Your group leader will ask to see proof of your cover before your trip begins. You can organise a quote and policy for yourself [here](#).

ACCOMMODATION GUIDE

THAILAND

BANGKOK - CHILLAX HERITAGE HOTEL

2 NIGHTS

A fancy 4 star hotel close to all the action.

Twin/Double Rooms

Ensuite

WiFi

Air Con

Swimming Pool & Bar



BANGKOK

OVERNIGHT TRAIN

1 NIGHT

A comfy bed and great journey.

Multishare Cabin with Air Con

Toilet Onboard

Fresh Linen & Pillow



OVERNIGHT TRAIN

KHAO SOK - FLOATING BUNGALOWS

1 NIGHT

An amazing experience in the middle of the rainforest. Twin/Double Rooms Ensuite Air Con Kayaking & Tubing



KHAO SOK

KHAO SOK - JUNGLE TREEHOUSES

1 NIGHT

As awesome as it sounds!

Twin/Double Rooms

Ensuite & Laundry

Beautiful Rainforest Location



KHAO SOK

KOH PHANGAN - SARANA BUNGALOWS

3 NIGHTS

Deluxe rooms at our own place!

Twin/Double/Triple/Quad Rooms

Ensuite

WiFi

Air Con

Laundry

Infinity Pool, Bar, Restaurant & Yoga Hall



KOH PHANGAN

PHI PHI - ANDAMAN LEGACY RESORT

2 NIGHTS

Premium rooms at a great resort.

Twin/Double Rooms

Ensuite

WiFi

Air Con

Laundry

Swimming Pool & Bar



PHI PHI

PHUKET - HOTEL CLOVER

2 NIGHTS

Boutique 4 star hotel!

Twin/Double

Ensuite

WiFi

Air Con

Laundry

Rooftop Pool & Gym



PHUKET



PHUKET

VIETNAM

HANOI - EMERALD WATERS HOTEL & SPA

3 NIGHTS (Night 13, 14 & 17)

Stay right in the heart of Hanoi.

Twin/Double Rooms

Ensuite

WiFi, Air Con & Laundry

Restaurant



HANOI

SAPA VILLAGE - CHAPA ECO LODGE

HOMESTAY

1 NIGHT

A beautiful lodge surrounded by lush rice paddies and mountains.

Twin/Double Rooms

Ensuite

WiFi, Air Con & Laundry

Bar & Terrace



SAPA VILLAGE

SAPA - PAO'S SAPA LEISURE HOTEL

1 NIGHT

A stunning 5 star mountain-side hotel.

Twin/Double Rooms

Ensuite

WiFi, Air Con & Laundry

Bar & Insane Views of Sapa!



SAPA

HA LONG BAY - OVERNIGHT BOAT

1 NIGHT An amazing boat with incredible views. Twin/Double Rooms
Ensuite Air Con A once in a lifetime stay!



NINH BINH - LOCAL HOMESTAY

1 NIGHT
Private riverside bungalows in a magical setting.
Twin/Double Rooms
Ensuite
WiFi
Riverside Hammocks



OVERNIGHT TRAIN

1 NIGHT
A comfy bed on a great journey.
4 Share Cabin
Bathrooms Onboard
Air Con
Epic Views!



HOI AN - THANH BINH RIVERSIDE HOTEL

3 NIGHTS

A nice hotel nestled on the river.

Twin/Double Rooms

Ensuite

WiFi, Air Con & Laundry

Swimming Pool



HO CHI MINH CITY - ADORA ART HOTEL

2 NIGHTS

A boutique hotel close to all the action.

Twin/Double Rooms

Ensuite

WiFi, Air Con

Outdoor Swimming Pool



MEKONG DELTA - MEKONG LODGE RESORT

1 NIGHT

A beautiful lodge surrounded by gardens and the Tien River.

Twin/Double Rooms

Ensuite

WiFi, Air Con & Laundry

Swimming Pool & Bar



IMPORTANT NOTE



The accommodation featured in this document is our usual properties. At certain locations we use alternative accommodation (of equal standard) when needed.

#SMALLCHANGE

SUSTAINABLE TRAVEL



PROTECTING THE ENVIRONMENT



SUPPORTING LOCAL COMMUNITIES



CULTURAL EXCHANGE & EDUCATION



ANIMAL WELFARE

Making a positive difference to the amazing destinations we travel is at the core of what we do, and we are proud to say that every INTRO tour is 100% carbon neutral.

Small Change is our socially conscious initiative aimed at travelling responsibly and changing the world for the better!

[Find out more.](#)

FAQS



DO MANY PEOPLE TRAVEL ALONE?

Yes. Lots of people on our trips are travelling solo. But by doing our trip you'll instantly be part of a group, so it's a great way to meet others and make friends! Most of our accommodation is twin share, so we will put you in a room with someone of the same gender.



WHAT'S A PREMIUM TRIP?

When we have 2 similar itinerary options in the same destination, the premium trip is the upgraded version. With a higher standard of accommodation, some exclusive activities and more meals.



CAN I CHAT TO MY GROUP BEFORE I LEAVE?

You can start chatting to people in your group and other travellers before you leave. Just go to our Facebook page, click on 'Groups' and choose [South East Asia](#).



HOW WILL I ACCESS MY MONEY WHILE I'M AWAY?

We recommend getting a travel currency card through [Wise](#). You can use the Wise card almost everywhere and withdraw cash and use it with Google or Apple Pay. If you transfer your money into the local currency, you can avoid paying foreign exchange fees when you use the card. There are ATM's available throughout the South East Asia so it's easy to get access to cash.



CAN I CHANGE MY START DATE?

Enjoy ultimate peace of mind and flexibility with INTRO. Should your travel plans change or be disrupted you can change your start date or tour for free up to 30 days before your start date.



IS THERE WI-FI THROUGHOUT THE TRIP?

All accommodations we stay at have free Wi-Fi available. South East Asia's network quality is often lower than you're used to but you can generally connect and do basic stuff.



WHEN IS THE BEST TIME TO VISIT SOUTH EAST ASIA?

It's always a good time to go travelling in Thailand and Vietnam. Most months of the year you will experience sunshine and possibly some rain. It's usually quite hot and humid, but it can occasionally get cold, especially in the north of Vietnam between November and February, so it's always best to bring a couple of warm layers with your summer clothing.



TERMS & CONDITIONS

For the full set of terms & conditions for our tours including your responsibilities as a traveller with us, please see the [Terms & Conditions](#) section of our website.

That's about it for now!

Once you've booked you'll get access to Manage My Booking and the INTRO Travel App, which will give you all the information you'll need about Thailand + Vietnam Experience, so you can just relax and enjoy the experience.

Of course if you have any more questions just contact us. We're happy to help!

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